



# LUNCH

- ✓ Contains
- May contain
- ! Missing info but may contain
- ? No info

Menu item	Celery	Cereals containing gluten	Barley	Kamut	Oats	Rye	Spelt	Wheat	Crustacean shellfish	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Almond	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Queensland nut	Walnut	Peanuts	Sesame seeds	Soybeans	Sulphur dioxide and sulphite
<b>FLATBREADS</b>																													
Grilled Chicken & Basil Pesto Flatbread		✓						✓					✓																✓
Roasted Aubergine & Mozzarella Flatbread		✓						✓					✓																✓
<b>LIGHT BITES</b>																													
Chicken Popcorn													✓																
Crispy Halloumi													✓																✓
Houmous & Flatbread		✓	✓	✓	✓	✓	✓	✓					✓		✓												✓	✓	✓
Soup - LARGE		✓						✓					✓																●
SOUP - SMALL		✓						✓					✓																●
<b>MAINS</b>																													
Buttermilk Fried Chicken Burger 110g - L		✓	●	●	●	✓	●	✓		✓			✓		✓	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Macaroni & Cheese		✓	✓	✓	✓	✓	✓	✓					✓		✓														✓
Macaroni & Cheese + Bacon & Truffle oil		✓	✓	✓	✓	✓	✓	✓					✓		✓														✓
Plain Beef Burger 113g - L	✓	✓	●	●	●	✓	●	✓		✓			✓		✓	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Vegan Burger - L		✓	✓		✓		✓	✓					✓		✓											●			✓
Menu item	Celery	Cereals containing gluten	Barley	Kamut	Oats	Rye	Spelt	Wheat	Crustacean shellfish	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Almond	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Queensland nut	Walnut	Peanuts	Sesame seeds	Soybeans	Sulphur dioxide and sulphite
<b>SALADS</b>																													
Falafel Salad - L																													✓
Goats Cheese & Baked Beetroot Salad - L		●	●	●	●	●	●	●					✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	●		✓
Grilled Chicken & Avo Salad - L		●	●	●	●	●	●	●					✓		✓														✓
Quinoa & Butternut Salad - L		●	●	●	●	●	●	●							✓														✓
<b>SANDWICHES</b>																													
Chalk Club - CITP		✓						✓		✓					✓														●
Croque Madame		✓						✓		✓					✓														●
Croque Monsieur		✓						✓		✓					✓														●
<b>SIDES</b>																													
Fries																													
Green Salad		●	●	●	●	●	●	●							✓														✓
Mash Potato													✓															✓	✓
Mejdrah Rice	●	✓	●	●	●	●	●	✓							●												●	●	●
Parmesan & Truffle Fries													✓																
Sweet Potato Fries													✓																
Chicken Wrap		✓						✓		✓			✓		✓													●	✓
Falafel Wrap		✓						✓					✓		✓												✓	✓	✓
Halloumi Wrap		✓						✓					✓		✓												✓	✓	✓

# BAKERY

- ✓ Contains
- May contain
- ! Missing info but may contain
- ? No info

Menu item	Celery	Cereals containing gluten	Barley	Kamut	Oats	Rye	Spelt	Wheat	Crustacean shellfish	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Almond	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Queensland nut	Walnut	Peanuts	Sesame seeds	Soybeans	Sulphur dioxide and sulphite
Bakery - Cake - Chocolate		✓	✓	✓	✓	✓	✓	✓		✓			✓			●	●			●	●	●	●	●	●			✓	✓
Bakery - Cake - Victoria Sponge		✓	✓	✓	✓	✓	✓	✓		✓			✓															●	✓
Bakery - Cookie - Dark Chocolate		✓	✓	✓	✓	✓	✓	✓		●			✓			●	●	●	●	●	●	●	●	●	●			✓	
Bakery - Cookie - Oat & Raisin		✓	✓	✓	✓	✓	✓	✓		●			✓			●	●	●	●	●	●	●	●	●	●			●	
Bakery - Cookie - White Chocolate		✓	✓	✓	✓	✓	✓	✓		●			✓			●	●	●	●	●	●	●	●	●	●			✓	
Bakery - Loaf - Banana Loaf		✓	✓	✓	✓	✓	✓	✓		✓			●			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				
Bakery - Loaf - Lemon Drizzle										✓			✓			●	●	●	●	●	●	●	●	●	●				
Bakery - Muffin - Blueberry		✓	✓	✓	✓	✓	✓	✓		✓			●			●	●	●	●	●	●	●	●	●	●	●			●
Bakery - Pastry - Almond Croissant		✓	●		●	●	●	✓		✓			✓			✓	✓			●								●	
Bakery - Pastry - Croissant		✓	✓	✓	✓	✓	✓	✓		✓			✓			●	●	●	●	●	●	●	●	●	●		●	●	
Bakery - Pastry - Pain Au Chocolate		✓	●		●	●	●	✓		✓			✓			●	●			●								✓	
Bakery - Pastry - Pain Aux Raisin		✓						✓		✓			✓			●	●			●								●	
Bakery - Sausage Roll		✓	✓	✓	✓	✓	✓	✓		✓					✓														✓
Bakery - Tray Bake - Brownie VG & GF																●	●	●	●	●	●	●	●	●	●	●			
Bakery - Tray Bake - Millionaire Shortbread		✓	✓	✓	✓	✓	✓	✓		●			✓			●	●	●	●	●	●	●	●	●	●	●		✓	●
Bakery - Tray Bake - Pecan & Cranberry Flapjack GF										●						✓							✓			●			
Scone Fruit - Jam & Clotted Cream		✓	✓	✓	✓	✓	✓	✓		✓			✓																
Scone Plain - Jam & Clotted Cream		✓	✓	✓	✓	✓	✓	✓		✓			✓																
Teacake & Butter													✓													●			

# CHILDREN

- ✓ Contains
- May contain
- ! Missing info but may contain
- ? No info

	Celery	Cereals containing gluten	Barley	Kamut	Oats	Rye	Spelt	Wheat	Crustacean shellfish	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Almond	Brazil nut	Cashew nut	Hazelnut	Macadamia nut	Pecan nut	Pistachio nut	Queensland nut	Walnut	Peanuts	Sesame seeds	Soybeans	Sulphur dioxide and sulphite
<b>BREAKFAST</b>																													
French Toast - cinnamon & lemon juice		✓	●	●	●	●	●	✓		✓			✓			●	●	●	●	●	●	●	●	●	●		●	●	
Kid Pancakes - Mixed berries																												✓	
Kids Egg On Toast		✓						✓		✓			✓															●	
Kids Full English		✓						✓		✓			✓		✓													●	✓
Kids Pancakes - Maple Syrup																												✓	
Kids Waffle & Ice Cream		✓	✓	✓	✓	✓	✓	✓		✓			✓															✓	
Kids Waffle & Maple Syrup		✓	✓	✓	✓	✓	✓	✓		✓			●															✓	
Kids Waffle, Bacon & Fried Egg		✓	✓	✓	✓	✓	✓	✓		✓			●															✓	
Kids Waffle, Berries, Creme Fraiche		✓	✓	✓	✓	✓	✓	✓		✓			✓															✓	
Porridge - Almond & apricot seed mix - Kids		✓	✓	✓	✓	✓	✓	✓								✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	●			
<b>LUNCH</b>																													
Kids Cheeseburger		✓						✓					✓															✓	✓
Kids Chicken Popcorn													✓																
Kids Cookie & Ice Cream		✓	✓	✓	✓	✓	✓	✓		●			✓			●	●	●	●	●	●	●	●	●	●			✓	
Kids Macaroni & Cheese		✓	✓	✓	✓	✓	✓	✓					✓		✓													✓	✓
Kids Sandwich - Cheese & Tomato		✓						✓					✓															●	
Kids Sandwich - Egg Mayo		✓						✓		✓			✓		✓													●	
Kids Sandwich - Ham & Cheese		✓						✓					✓		✓													●	
Kids Sausages & Fries																													✓
Kids Spaghetti & Tom Sauce		✓	✓	✓	✓	✓	✓	✓					✓																
Kids Tom & Mozz Pizza		✓	✓	✓	✓	✓	✓	✓					✓															✓	
Kids Waffle & Ice Cream		✓	✓	✓	✓	✓	✓	✓		✓			✓															✓	
Brownie & Ice Cream													✓			●	●	●	●	●	●	●	●	●	●	●			

